

UK Polarity Therapy



The Circuit

Short Circuit - 1

November 2013



AGM 2014

Sat March 8th London

Neal's Yard, Covent Garden WC2H 9DP

12.45pm - 5.00pm

Room available from 10.30am

Gather / Socialise / Eat from 12.00pm

'Wild food café' nearby

Further details will emerge shortly.

APEF Meeting 2014

We hopefully will complete the arrangements for another APEF meeting in February 2014, prior to the AGM. All Trainers welcome.

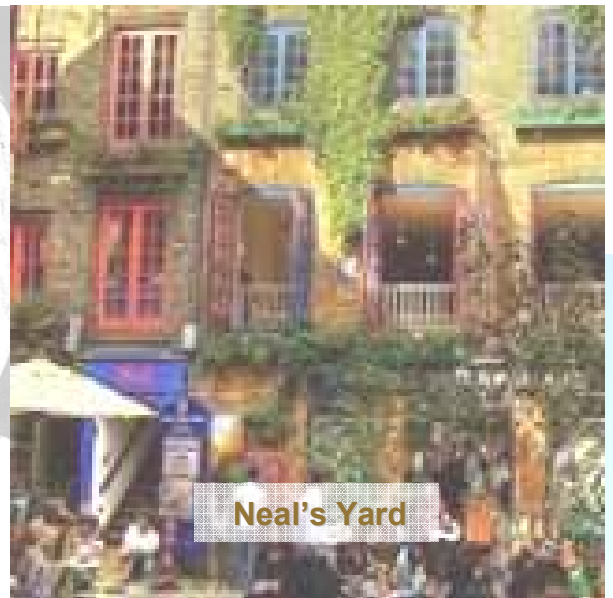
Quotes to fill the space

"Out of clutter, find simplicity."

— [Albert Einstein](#)

"Always aim at complete harmony of thought and word and deed. Always aim at purifying your thoughts and everything will be well."

— [Mahatma Gandhi](#)



Neal's Yard

Comments / Agenda 2014

Also any points for discussion for the AGM agenda, deliver them by email or post before the end of 2013.



Scotland

A journey to Scotland - Towards the end of September Lyn and Graham with Kerry, Glynis and Fiona, a great (short) trip to Helensburgh, sharing Neutral and talking Polarity.

2013-14 Counsel -

Chair: Jeanette McKenzie,
Treasurer: Lyn Whiteman,
Secretary: April Furnival,
Registrar: Andrew Harry,
Training Liaison: Graham Whiteman

"The secret to change is to focus all your energy, not on fighting the old, but building on the new" - Socrates



**UK POLARITY THERAPY ASSOCIATION
COUNSEL MEETING 04/11/13**

Present: Jeanette McKenzie, Lyn Whiteman, Andrew Harry, Graham Whiteman, April Furnival

1. Regulation Update: We are in a position where a choice is emerging for each member to be able to join a regulatory body, we are not quite there, but the options are the GRCCT or CNHC, this connection maybe possible through the BCMA, being explored by Andrew.

2. Membership: A numbers challenge, the vision of continuing to create simplicity and flexibility for the association. Still meeting the CAM environment in the UK, Nationally and Internationally, a similar function for all Associations for Polarity. Is there duplication of Organisations with the UKPTA and the IPEA?

Review all changes in structure for the association within the UK to be inline with International, and to progress any similarity and connection with the IPEA, as we continue to evolve as an association.

3. Certificates: The certificate of membership should be a more valuable item; that members will receive through the post (not just print off from email).

4. Polarity Education: APEF is our association's accrediting body; amendment to website UKPTA changed to APEF. The APEF is the lead body for the recognition of Polarity education in the UK (suggestion - using 'recognition' not 'accreditation').

5. Modules Progress: We are open for people to create modules of the training. The training for RPP must still include all 4 pillars of Polarity, so are in line with International Polarity Education like the IPEA. Our intention / vision, is to help Polarity to grow and broaden its base.

6. UK PTA becoming UK PEA! There was a suggestion that we become the 'Polarity Energetics Association' and work as 'Polarity Energetics Practitioners' – What do you think? Proposal to change the name of the association to the UKPEA (which was unanimously agreed upon amongst the committee!). We will be putting out an email vote, via email & Facebook.

7. Proposal to update the Front Page of the Website: This was agreed to and that we should align the Website and the Brochure content.

8. Training / Education: Healing Toolbox running RPP course Feb 14, Faith Luke Fennel, Promoting Polarity for Professionals in Devon, and 'Neutral Space' training will apply to the APEF for recognition of the N-S Relaxation Course. Learning 'Polarity Relaxation' and moving from a place of 'Polarity Stillness' is a baseline for people to become Students of Polarity, but there may be other starting points that members might want to propose.

9. CPD Certificates: General CPD certificates, (15 hours of CPD for the last AGM) in March 2013. Action - everyone that was at the last AGM gets a certificate.

10. Levels of UKPTA Membership: The 3 levels of membership, student, intermediate and full – all levels are able to practice what they have learnt. From the base proposed level for relaxation, these relaxation practitioners would be qualified for non-therapeutic relaxation, (in line as a student of further education in Polarity), Level for Therapeutic Practitioner, Educated in Polarity Principles and knowing their limitations for practise, and Full RPP, Registered Polarity Practitioners. All levels, practising and involved in the greater field of Polarity Education.

11. Recognition of Elders: Proposal - Two members should be recognised for all their hard work over the years. To be acknowledged on the website.

12. Next AGM: Various venues suggested – favourite, Neal's Yard London, which Lyn will follow up. AGM in London on Sat March 8th, 12.45pm – 5pm. People could meet for brunch at 10.30 to gather and socialise. 2 hours AGM & 2 hours Polarity Topic + tea break (5 hrs CPD). Polarity topic suggested 'Pillar of Communication' – using the Polarity website, use of Skype and Webinar training/ and/or 'Building a Web', how to stay in touch.

**Summary by Graham (Training Liaison)
Minutes by April (Secretary)**

Notes from Nov 4th 2013

(full minutes available on the Website - members area)

If you have any articles or comment for inclusion in the next 'Circuit' please email to any counsel member. Thx

POLARITY

Social Media.

Keep clicking!! This is where you come in, whenever you are on FB just click like to anything connected with Polarity and it will make a 'big' difference. **Graham**